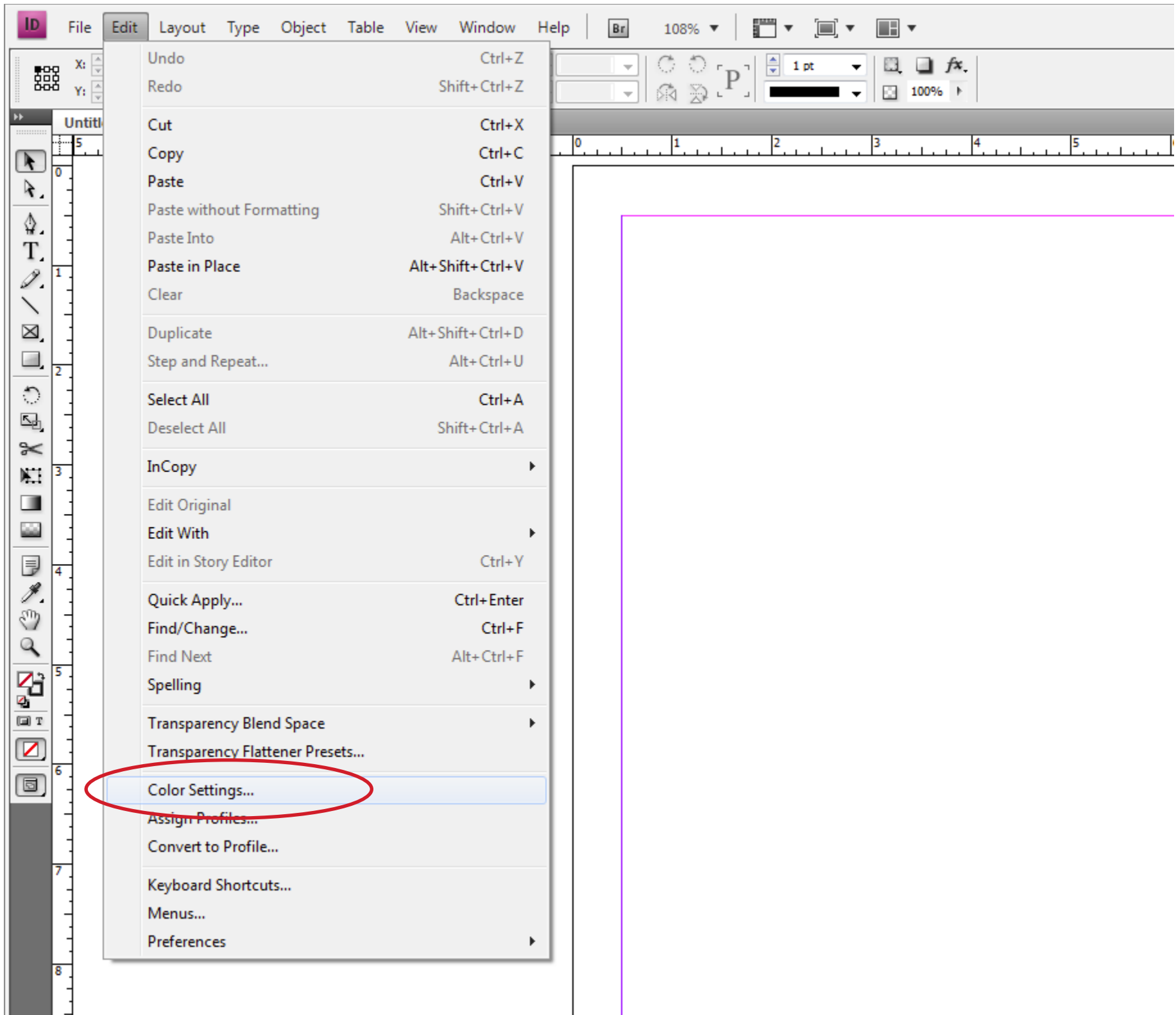
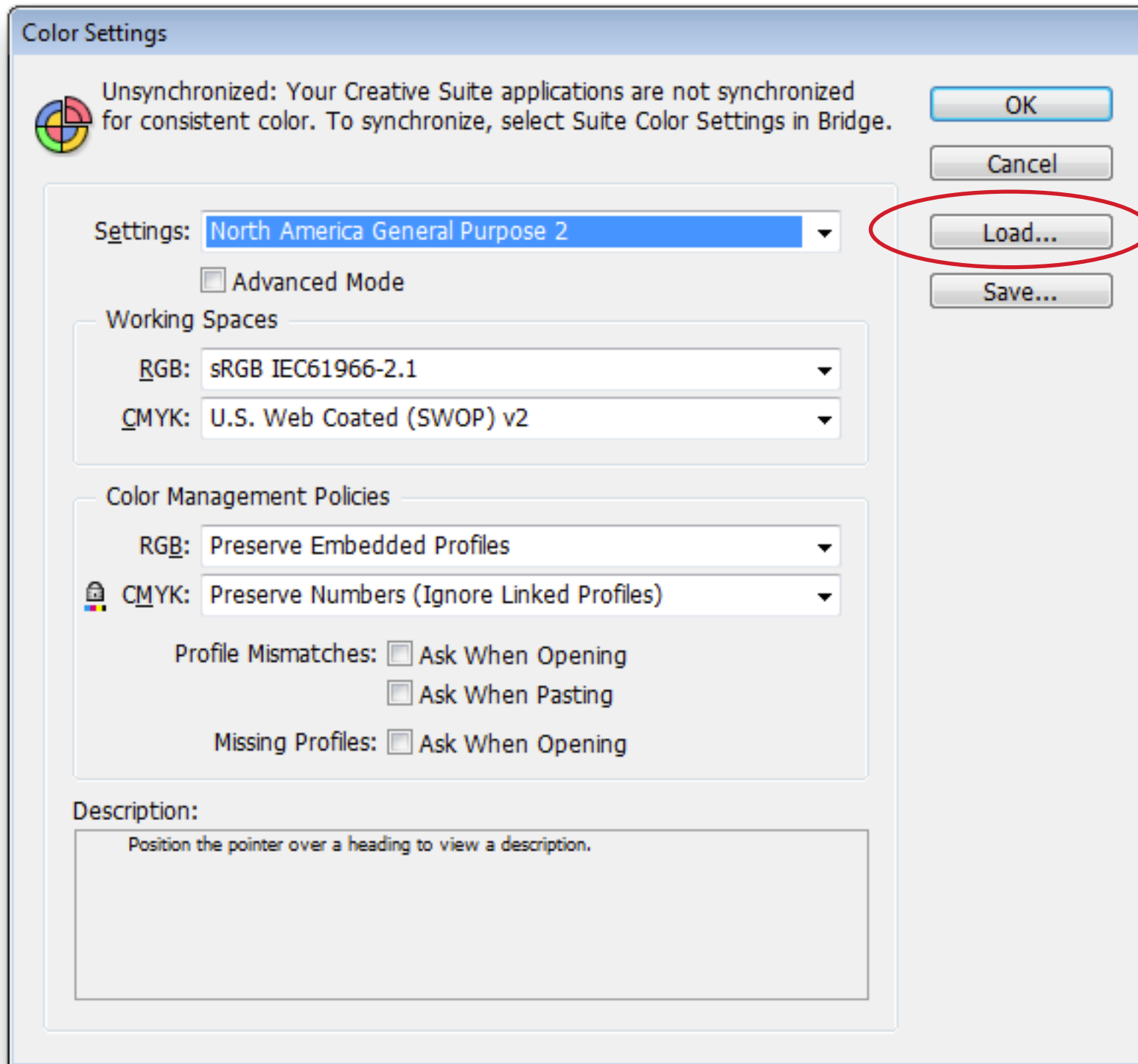


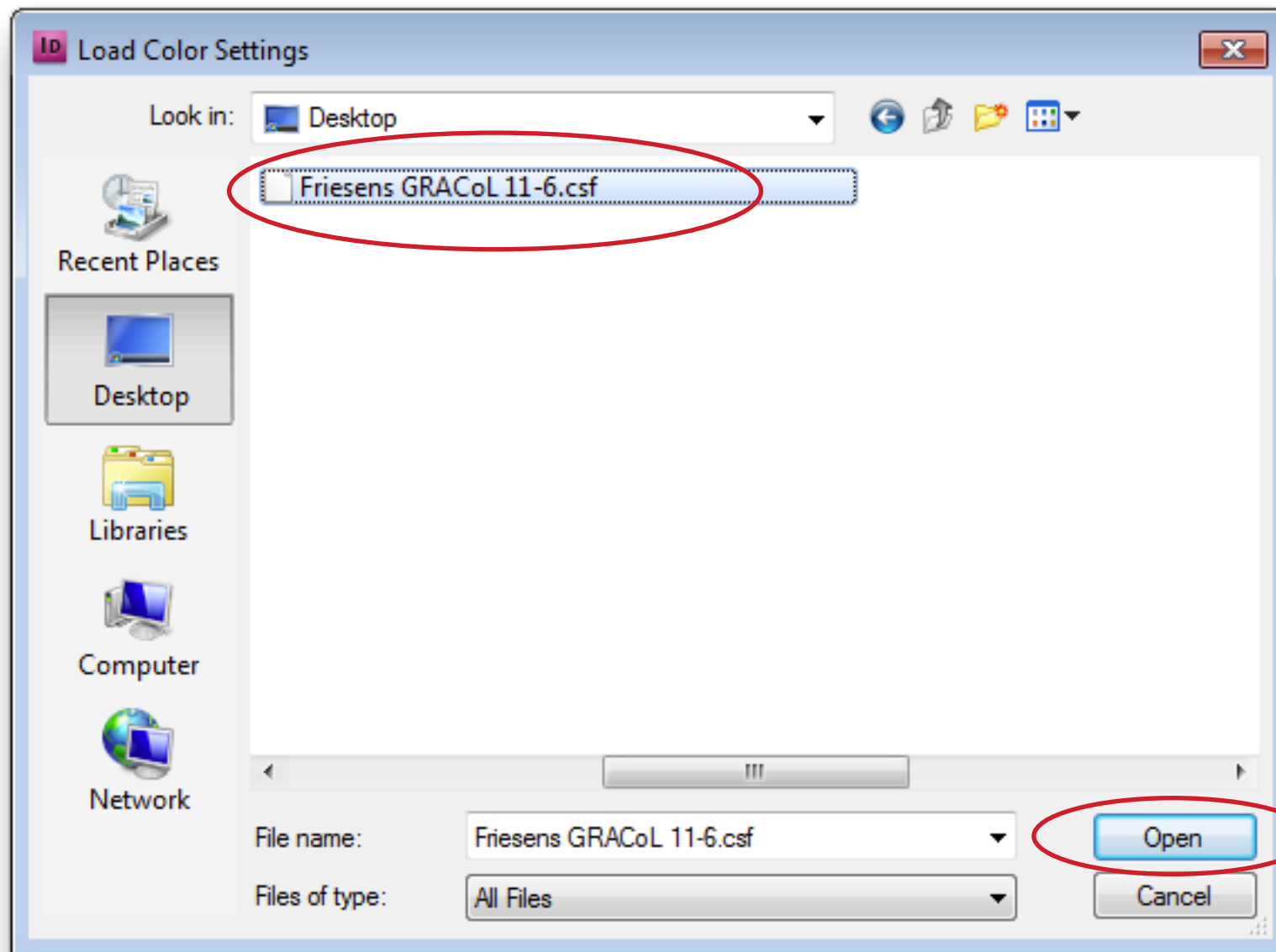
The first step to create a PDF is to load the Color Settings. Choose Edit, Color Settings... from the menu.



Next press the Load... button.

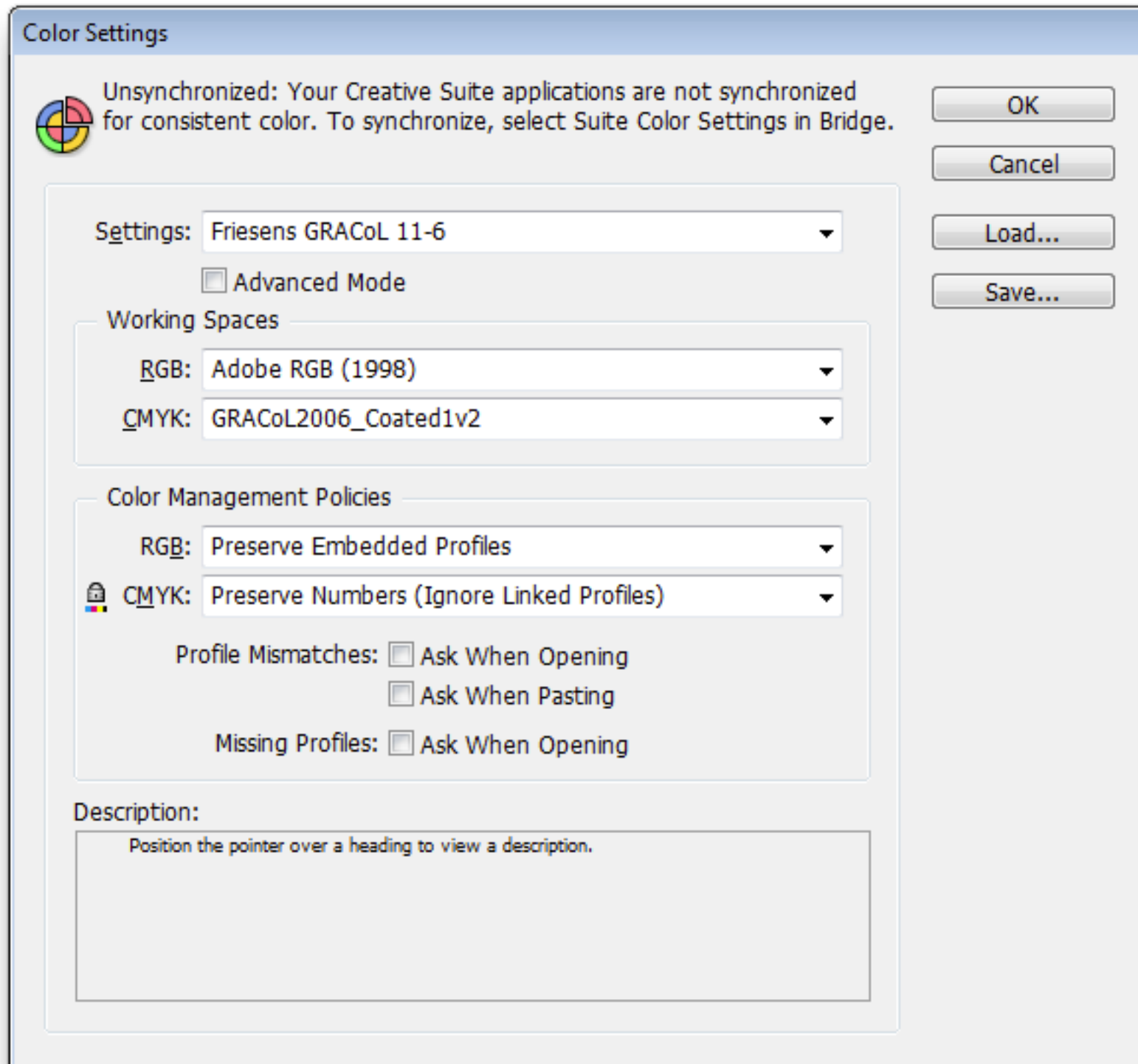


Locate the Friesens GRACoL 11-6.csf file and press the Open button.

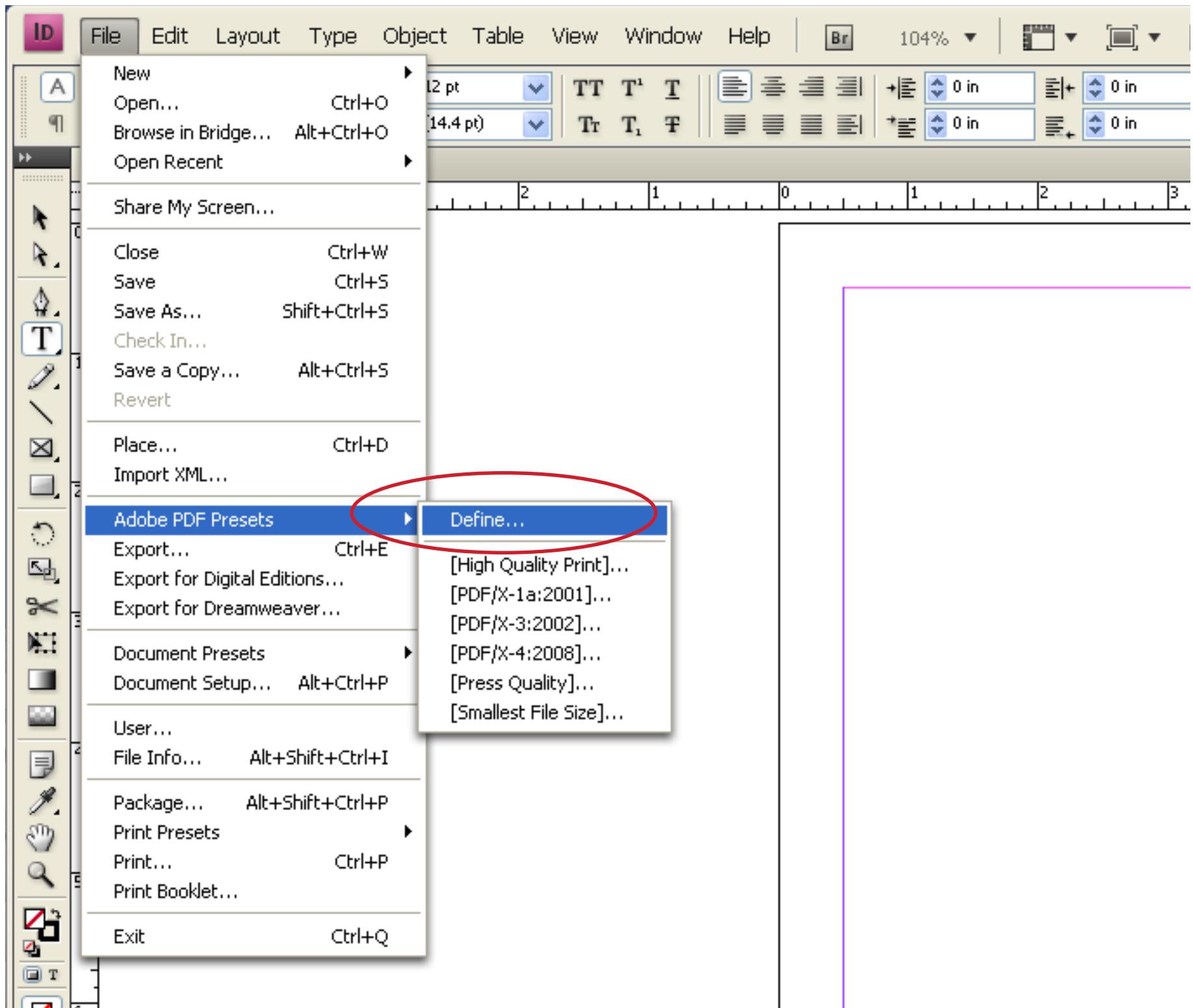


The InDesign color settings are now set to match Friesens settings.

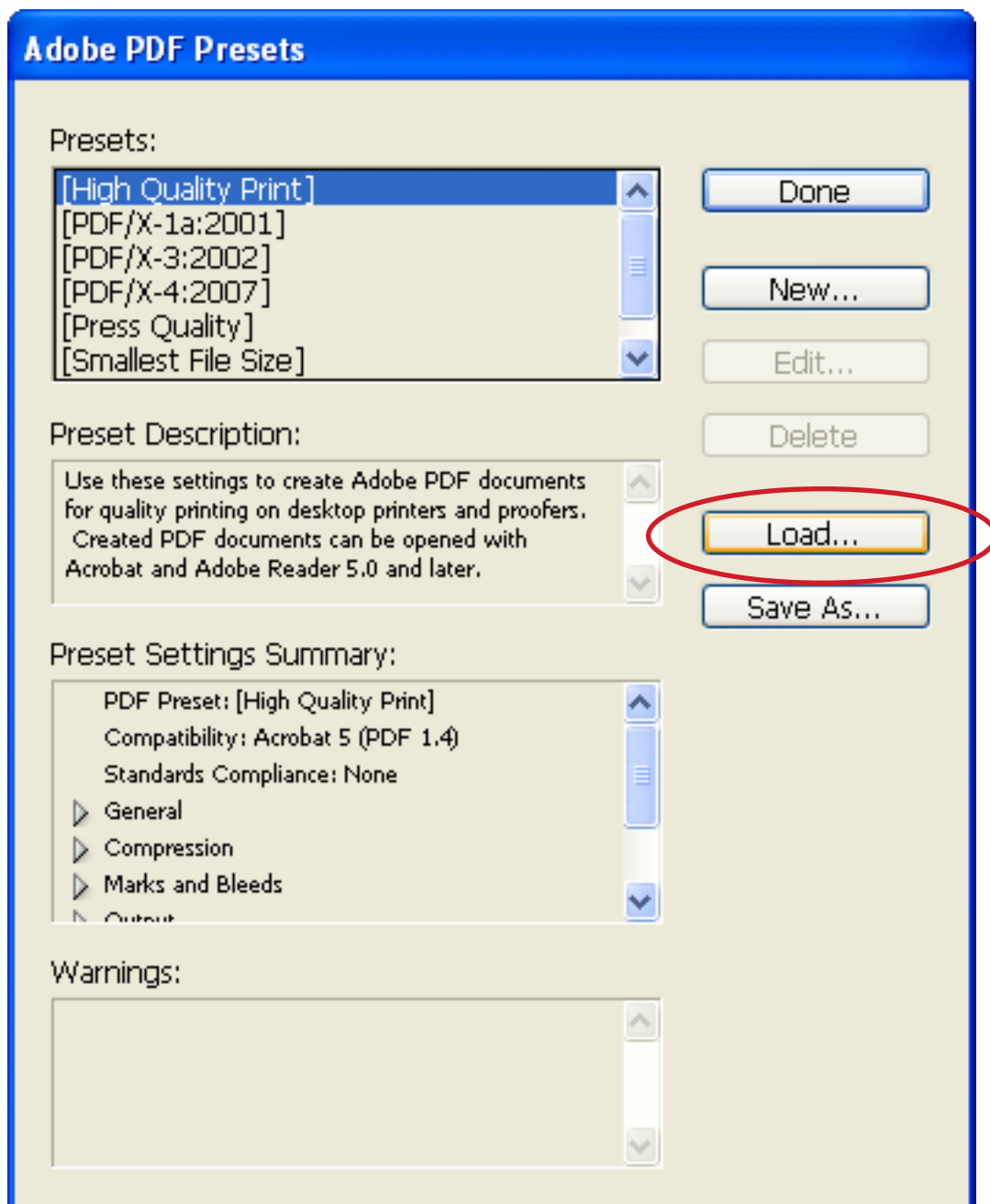
The Color Settings will match these settings when the Friesens GRACoL 11-6.csf file is loaded.



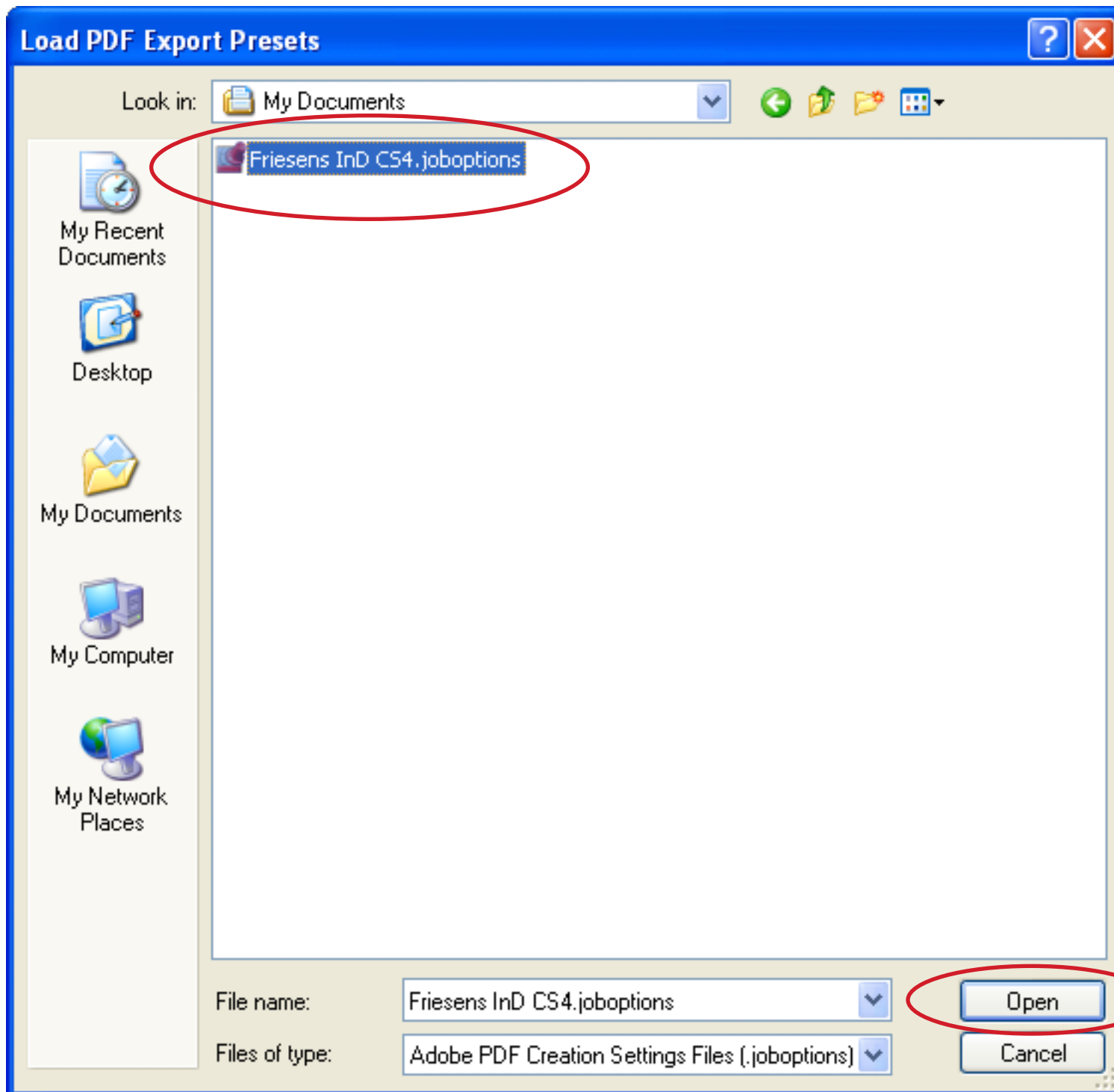
The first step to create a PDF is to load the Friesens PDF settings. Choose File, Adobe PDF Presets, Define... from the InDesign menu.



Next press the Load... button.



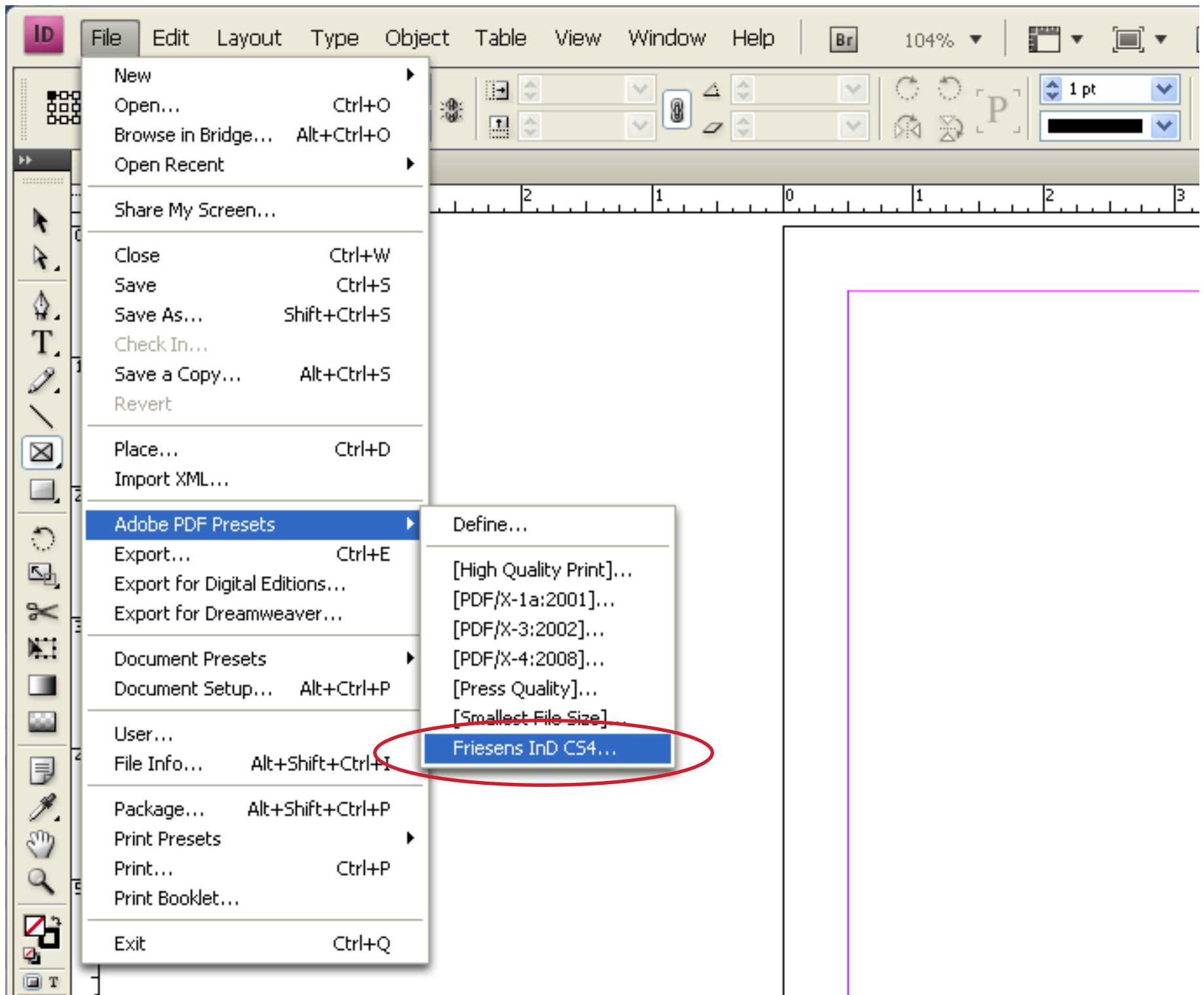
Locate the Friesens InD CS4.joboptions preset file and press the Open button.



The Friesens PDF export settings are now available for use in InDesign.

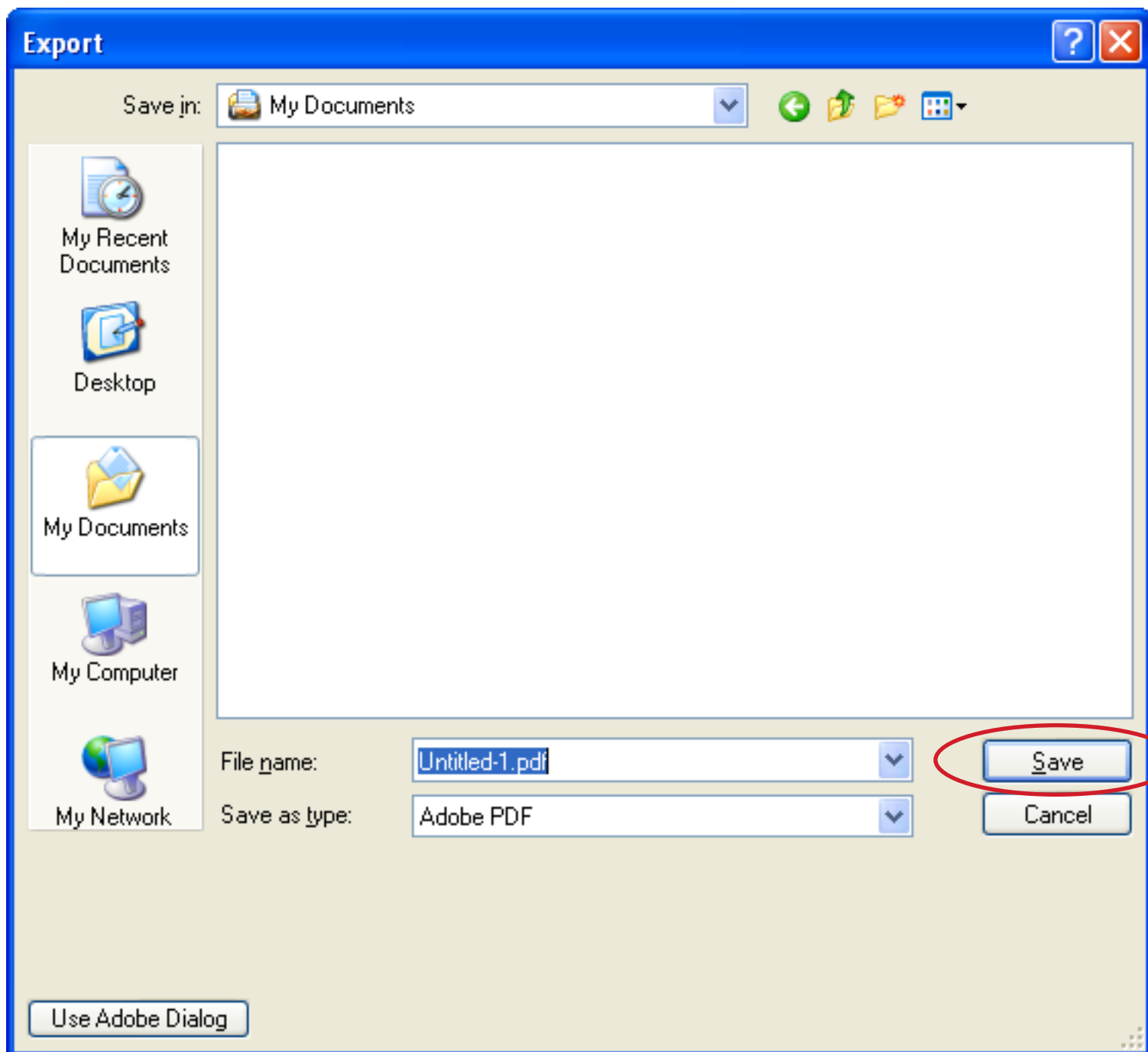
Now that the Friesens PDF settings are loaded use the following steps to create a PDF file.

Choose File, Adobe PDF Presets, Friesens InD CS4... from the menu.





Select a name and location for your PDF file.



Press Save and select the following settings.

Export Adobe PDF

Adobe PDF Preset: Friesens InD CS4

Standard: None

Compatibility: Acrobat 7 (PDF 1.6)

General

Compression

Marks and Bleeds

Output

Advanced

Security

Summary

General

Description: Friesens PDF settings for InDesign CS4.

Pages

All

Range:

Spreads

Options

Embed Page Thumbnails

Optimize for Fast Web View

Create Tagged PDF

Export Layers: Visible & Printable Layers

View PDF after Exporting

Create Acrobat Layers

Include

Bookmarks

Hyperlinks

Visible Guides and Baseline Grids

Non-Printing Objects

Interactive Elements

Multimedia: Use Object Settings

Save Preset...

Export

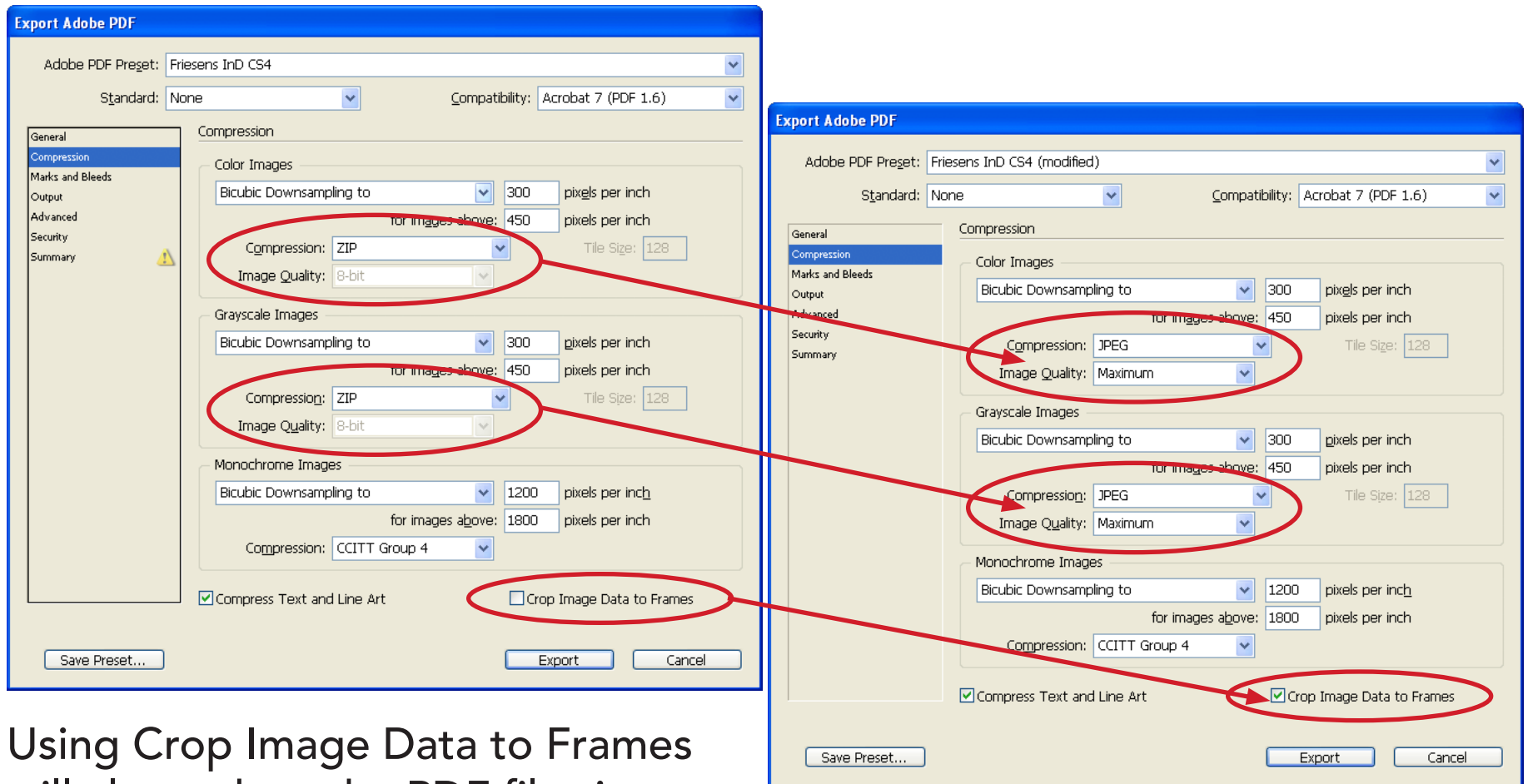
Cancel

Select Export to create your PDF file.

May 2011

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For significantly smaller files sizes with comparable quality consider using JPEG compression at the Maximum image quality setting.



Using Crop Image Data to Frames will also reduce the PDF file size.